

# PLASE

November 2008

The December 2, 2008 meeting of PLASE will be held at the Pioneer Grove School at 601 Willow Street in Frankfort, at 7:00pm. Our topic will be bullying. Our speaker will be Ms. Alexandra Glumac. Ms. Glumac is a Licensed Clinical Professional Counselor and now is employed as a Workforce Development Specialist for South Suburban College. She is an adjunct professor at Governor's State University and St. Francis University. Please join us for an interesting and informative evening.

## **What is the definition of bullying?**

Bullying is aggressive behavior that is intentional, repeated over time, and involves an imbalance of power or strength. A child who is being bullied has a hard time defending him or herself.

## **Prevalence**

Almost 30% of youth in the United States (or over 5.7 million) are estimated to be involved in bullying as either a bully, a target of bullying, or both. In a recent national survey of students in grades 6-10, 13% reported bullying others, 11% reported being the target of bullies, and another 6% said that they bullied others and were bullied themselves.

If you have any info you would like posted in the newsletter please e-mail me at [diannadouglas152@yahoo.com](mailto:diannadouglas152@yahoo.com)

Here is a tentative list of upcoming meeting topics.

December 2, 2008 – bullying

February 10, 2009 – Autism Research Center

March 10, 2009 – Social Groups/Skills

April 7, 2009 – Alternative Processes/Therapies

PARENTS OF LINCOLN-WAY AREA ASSOCIATED WITH SPECIAL EDUCATION